



Created
with **Care** for
a **Better**
Life

better continence care

practical information & tips

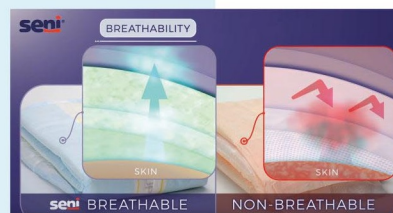
take your copy from inside

Why Seni?

Seni products are created with care for a better life. Find out why it is important to use high quality absorbent products and how they influence skin condition and everyday comfort.

Benefits of Seni

- Less sweating thanks to 100% breathable outer layer
- Less risk of skin irritation and associated dermatitis
- Prevention of bedsores
- Lower risk of leaks
- Fewer changes of underpads and bedding
- Fewer medical appointments means time and money saved
- Comfort, dignity, and safety



Seni products are **BREATHABLE** and allow vapors to go through.

Products which are **NOT BREATHABLE** keep the vapors and moisture close to the skin which can cause irritations.



Highly absorbent Seni products are also ideal for **OVERNIGHT** use when incontinence forces many people to wake up and go to the toilet or change a less absorbent product. Seni protection offers undisturbed sleep.

★ **MORE DIGNITY AND BETTER SLEEP** ★

Using a more absorbent and better product means:

- More dignity and fewer changes
- No need to disturb sleep
- Less pain for chronically ill
- More time to spend with loved ones talking, walking, playing or reading – the better activities of life
- The freedom to go out and enjoy life without fear of embarrassing leaks
- Lower use of underpads, washcloths and gloves for changing
- Fewer laundry loads and linen changes
- Less physical and unrewarding work for caregivers



The high absorbency and fully breathable outer layer of **Seni Premium Quality** products make it possible to use them longer while still keeping the skin dry to prevent irritation or breakdown. **This saves you time and money as well as supporting health.**

What others say about Seni?

As a geriatric care manager and RN, I find the Seni line of products superior to others brands for my clients' incontinence needs. They hold an amazing amount and do not leak with proper sizing, they do not need to be changed as often yet keep the skin dry to prevent breakdown, and so they end up being cheaper over the long run since you use less per week. My clients are happy, and their caregivers appreciate not having to do so many laundry loads and linen changes since everything stays dry!

Clare

choose the right product

1 determine level of incontinence

Incontinence level is calculated by amount of urine lost within 4 hours. Divide the level of incontinence into light, moderate and heavy, as follows:

LIGHT	MODERATE	HEAVY	Is there a problem with bowel control?	
up to 3 fl oz / 100 ml	3-7 fl oz / 100-200 ml	over 7 fl oz / 200 ml	Yes	No
Small leakage of urine	Leakage happens often and in significant amounts	Leakages are frequent and abundant; associated with complete lack of control over passing urine		

2 determine the physical condition of the patient

mobile and active	mobile, but needs assistance (e.g. with walking cane or walker, on wheelchair)	immobile or bedridden
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3 determine the correct size

When selecting the correct size it is not enough to know the weight. It is important to measure the waist and hips using a tape measure.

If both measurements (waist and hip size) are in one range, pick the size this range indicates. See chart below:

Medium	
36"	WAIST
42"	HIPS
SENI ACTIVE UNDERWEAR	
Small	22" – 33"
Medium	31" – 43"
Large	39" – 53"
X – Large	47" – 63"
XX – Large	62" – 80"

If measurements are in two different ranges, defer to the larger size. See chart below:

Large / X-Large	
44"	WAIST
56"	HIPS
SENI BRIEFS	
X-Small	16" – 24"
Small	22" – 31"
Medium	30" – 43"
Regular	40" – 50"
Large	45" – 59"
X – Large	55" – 67"

To enhance product performance, activate the absorbent core before use to improve the absorption (see picture A). Make sure that the gathers are not folded to the inside. To provide the best fit, close the tabs starting from the bottom and direct them slightly upwards. The top tabs should be closed slightly downwards (see picture B).



time to change the product



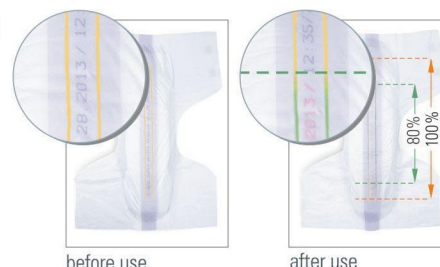
Seni absorbent products perform very well and **there is no need to change them every 2 hours**. Typically they can stay in place longer. This always depends on the individual needs of the patient (e.g. products can be used for 4-6 hours; up to 8 hours for products with high absorbency or "night products").

NOTE

You can provide better care if you ensure comfort, help maintain dignity and not disturb the patient's sleep when unnecessary.

To find out what is the proper time to change the soiled product and avoid leakages **observe the wetness indicator performance** – yellow stripes and/or inscription along the briefs or pads. When the stripes get green/blue and the inscription fades, the product is soiled. **When 50-80% of wetness indicator has changed the color, it is time to change the product.**

The only situation when the absorbent product should be changed immediately – without looking at the indicator – is the release of feces.



balanced

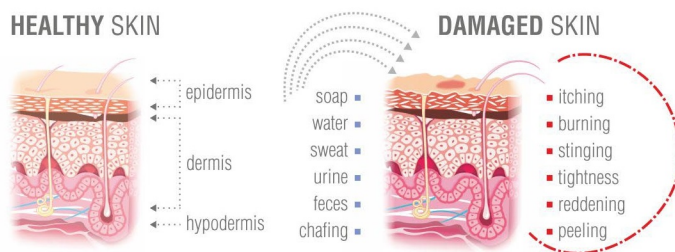
.....SKINCARE

The skin is the largest organ of the human body. Its surface is about 16-21.5 ft². It protects the whole organism against harmful external factors like high temperature, dry air, bacteria, detergents, etc. Contact with these factors can leave the skin dry and irritated.

Proper care can reduce the unpleasant symptoms of dry skin and prevent new lesions.

Individuals that are bedridden or incontinent face additional risks to their skin:

- Irritants contained in urine or feces
- Abrasions caused by absorbent products made from low quality materials
- Maceration caused by a damp microclimate
- Pressure ulcers or bedsores from long term pressure on the same area of skin



Healthy skin begins with choosing the right absorbent product. It should be breathable and rapidly pull liquids away from the skin for an immediate feeling of dryness. Seni products provide all this – but using skin-friendly absorbent products is only the first step towards healthy skin. **It's also crucial to use the right skin care products. Seni Care skin care products promote healthy skin for people with incontinence.**

CLEANSE



To cleanse between changes without contributing to irritation, use a product with a large, soft surface such as Seni Care washcloths. They cleanse delicately and are available in both **scented and unscented formulas. Large surface 12"x 8".**



Keeping dry skin healthy requires additional care. Seni Care Cleansing Body Cream contains emollients that form a **delicate healthy film** on the skin's surface and a lemon grass derivative that **neutralizes urine odor**. The no-rinse formula is easy to use. Simply apply cream directly to soiled areas of the skin, spread gently with a dry Seni Care Personal Care Glove, then wipe away the residue after about 1 minute. **Do not rinse** – you want to make sure the healthy film remains.



Use with Personal Care Gloves that are dry disposable gloves made of **soft non-woven** for delicate yet effective cleansing of the skin.



MOISTURIZE



Elderly people often have dry skin over their entire body. This can be cared for with Moisturizing Body Lotion, that has a **light consistency** to absorb easily and bring fast relief to demanding skin.



CARE



Between changes, you should protect the skin against irritation. Seni Care Body Care Cream uses a special formula and thick consistency to build a **skin-supporting layer** that won't interfere with the absorption of urine. This product is transparent so it won't prevent you from noticing damaged or irritated skin.



	 Patient is mobile or patient is moving with some assistance (e.g. with walking cane or walker, on wheelchair)	 Patient is bedridden, immobile
LIGHT	SENI LADY® Very Light Liners Regular Light Pads Regular Moderate Pads Regular Moderate Pads Long Maximum Pads Regular	SENI MAN Active Guards
		
MODERATE	SENI LADY® Ultimate Pads Regular Ultimate Pads Long	SENI MAN Fit Guards
		
	SENI ACTIVE CLASSIC PLUS	SENI CLASSIC PLUS
		
		SENI ACTIVE SUPER
		
		SENI DAY SHAPED PADS
		
	 Patient is mobile	 Patient is moving with some assistance or patient is bedridden, immobile (e.g. with walking cane or walker, on wheelchair)
HEAVY	SENI ACTIVE SUPER	SENI SUPER
		
	SENI ACTIVE SUPER PLUS	SENI SUPER PLUS
		
	SENI DAY SHAPED PADS SENI NIGHT SHAPED PADS	SENI SUPER QUATRO
		
		SENI ACTIVE SUPER ** SENI ACTIVE SUPER PLUS **
		
		SENI NIGHT SHAPED PADS
		

* Bedridden people are highly improbable to have light incontinence. It's possible only if they use e.g. bedpans regularly

** Underwear is not recommended for bedridden people, as it's not as absorbent as briefs may be. However, if some patients refuse wearing briefs (e.g. patients with dementia), underwear can be a solution.



Features of Seni products:



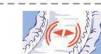
Fully breathable outer layer allows humidity to evaporate to promote a skin-friendly microclimate



Soft non-woven layer for quick and effective absorption



Soft and delicate on the skin for enhanced discretion



Hydrophobic standing side gathers for better protection against leakage

Supplementary products

SENI BOOSTER PADS



recommended as an additional insert for bowel incontinence or to increase briefs' absorbency

SENI SOFT UNDERPADS

Seni Soft Classic Dry
 Seni Soft Super
 Seni Soft Super with Wings
 Seni Soft Super Dry



additional protection for bed and bedding, available in versions with or without superabsorbent microbeads

Please contact us at (470) 377-4942 Monday to Friday 8 AM to 4.30 PM EST or visit www.seni-usa.com

TZMO SA
tzmo-global.com

Smart tool that helps find the most appropriate incontinence product



SeniControl App



Please also visit our channel "Seni USA" to understand more about incontinence and how to manage it effectively.

/ Seni USA

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	SENI LADY® Ultimate Pads Regular Ultimate Pads Long	SENI MAN Fit Guards*
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HEAVY	SENI ACTIVE SUPER SENI ACTIVE SUPER PLUS SENI DAY SHAPED PADS SENI NIGHT SHAPED PADS	SENI SUPER SENI SUPER PLUS SENI SUPER QUATRO SENI ACTIVE SUPER ** SENI ACTIVE SUPER PLUS ** SENI NIGHT SHAPED PADS

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